

COURSE CATALOGUE

2017 Spring – Summer



VRCA Vancouver Regional
Construction Association

MESSAGE FROM THE PRESIDENT

The increasingly competitive nature of our industry, the tight labour market and advances in technology are calling for construction companies to be better, to attract the highest performers and to plan for the future. It's in this context that I am excited to present our 2017 Spring-Summer Course Catalogue!

In conversation with our members, it seems we're approaching a tipping point in the industry where we're no longer willing to tolerate the status quo. Instead, we want to tackle some of the industry's most challenging issues, raise the bar and be better prepared for the future. While VRCA continues to work with its partners to address some long-standing industry issues, there are real steps that can be taken at the grassroots to move the industry forward. It takes just one company or one individual to change how they think, communicate or act, to raise the bar. For that reason, please sign up for *Communication Skills for Construction*, *Construction Industry Ethics* and *Supervising the Drug Safe Workplace* and/or attend the management training seminars, offered in partnership with the Electrical Contractors Association of BC, that will help you understand how to build a winning team to drive extraordinary results.

This season we are delighted to launch a course that has been designed in conjunction with our Manufacturers and Suppliers Division, to help manufacturers and suppliers manage risks when dealing with developers and general and trade contractors. If the management of risk is a topic that resonates with you, please sign up for *Managing Financial Risk for Manufacturers and Suppliers*.

A major component of our education program is the annual Construction Leadership Forum held in Whistler. Now in its 6th year, the Forum continues to gain momentum and recognition that over the course of 1.5 days, delegates get exposure to the right mix of construction-specific and soft skills training sought after by middle management from across the industry. Attended by approximately 70% middle tier managers and 30% their more seasoned industry counterparts, the 2017 Construction Leadership Forum will be a content-rich and fun professional development opportunity for all. Check out the event details on Page 7 and this year's program at www.vrca.bc.ca/conference.

The 2017 Spring-Summer Course Catalogue offers variety in both content and delivery format. Attendance at classroom courses facilitates direct peer-to-peer learning and networking. Our online programming offers individuals the flexibility to schedule learning opportunities into their busy work and family lives. You will also see that many of the classroom and online courses are certified by both Gold Seal and the BC Housing Licensing and Consumer Services (formerly Homeowners Protection Office). Why is this important? Whether you are an employer or an employee, both certification programs allow you to raise the bar, demonstrate your commitment to excellence and get ahead of the competition.

As always, I'd like to thank KPMG Enterprise for their continued partnership that allows us to bring our courses into the Valley, closer to our members, and deliver them from the KPMG Langley office at 8506-200th Street, Langley. I'd also like to thank the facilitators and online providers for their commitment to VRCA and the expertise and professionalism they bring to every learning opportunity.

In closing, whether you are a seasoned professional looking to enhance your skills, a student interested in pursuing a career in our industry, or a company looking for specialized training, there's something in the 2017 Spring-Summer Course Catalogue for everyone. I hope it inspires you to advance your skills, raise the bar and prepare for the future!



Fiona Famulak, President



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VRCA MEMBERS SAVE UP TO 25% ON VRCA COURSES!

About VRCA

With close to 700 members, VRCA is British Columbia's largest and most inclusive regional construction association, representing union and non-union, general and trade contractors, manufacturers, suppliers and professionals who service the industrial, commercial and institutional construction industry throughout the Lower Mainland.

As the industry's business hub, VRCA provides the resources you need to be informed, productive, competitive and, most importantly, profitable over the long term.

*"The VRCA staff have a "members first" attitude."
(Katy Fairley, Kinetic Construction Ltd.)*

"VRCA and its staff provide us with excellent tools and information which help keep us up to date on the latest industry developments." (Darci Smart, Brock White Canada)

"VRCA provides members with the opportunity to connect, learn, share and gain insight into what's happening in the industry." (Larry Gibson, Super Save Group of Companies)

For more information and to become a member, please contact us at 604-294-3766 or membership@vrca.bc.ca.

ONLINE REGISTRATION

To register for any of the courses featured in the Course Catalogue, visit www.vrca.bc.ca or email education@vrca.bc.ca.

GOLD SEAL CERTIFICATION



CANADIAN CONSTRUCTION
ASSOCIATION
CANADIENNE DE LA CONSTRUCTION

What is the Gold Seal Certification Program?

The Canadian Construction Association (CCA) Gold Seal Certification Program is a comprehensive certification program that showcases expertise and commitment to the construction industry and ensures practitioners are ready to meet the demands of construction projects across the country.

Why Choose Gold Seal Certification?

Gold Seal Certified (GSC) credentials set you apart from the competition! Because the credentials certify your education, experience and competency, they demonstrate your commitment to the industry and to your career. Industry recognized and developed, Gold Seal Certification ensures that both you and your construction projects excel.

Learn more about the Gold Seal Certification Program at www.goldsealcertification.com.

Gold Seal Orientation

Join us for a presentation on Gold Seal Certification - from a brief history of the program to the application streams and other components. In addition, learn what qualifications, training and experience you need to write the exam.

Instructor: Stephanie Wallace
Canadian Construction Association
Date: June 21, 2017 (VRCA Vancouver)
Time: 8:00am-9:00am
Price*: VRCA Member - \$19 / Full - \$29

**The cost of this orientation will be applied as a credit towards the Construction Industry Ethics classroom course, which is a mandatory requirement for obtaining Gold Seal Certification.*

Ready to Challenge the Gold Seal Exam?

Upcoming exam dates:

April 21, 2017
(Deadline for application is March 10, 2017)

October 20, 2017
(Deadline for application is September 8, 2017)

For more information, email education@vrca.bc.ca or call **604-294-3766**.

RESIDENTIAL BUILDERS CONTINUING PROFESSIONAL DEVELOPMENT



In March 2015, the provincial government announced an enhanced licensing system for BC's residential builders. All general contractors are required to take Continuing Professional Development (CPD) as a condition of their license renewal.

The VRCA is excited to announce that it now offers classroom courses that have been approved by BC Housing Licensing and Consumer Services (formerly Homeowners Protection Office) for points towards Continuing Professional Development upon successful completion.

Learn more about Continuing Professional Development at www.bchousing.org/licensing-consumer-services.

Stay tuned! The VRCA is in the process of securing BC Housing Licensing and Consumer Services approval of several online courses.

Business Development

Communication Skills for Construction



Great communication is essential for construction leaders! In this course, participants will learn how to improve their listening, speaking and writing skills. Participants will leave with a better understanding of how to communicate goals and strategies effectively, as well as lead collaborative decision making.

Instructor: Tim Williams, BGC Partners Inc.
 Dates: March 30-31, 2017 (KPMG Langley*)
 June 22-23, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$595 / Full - \$675

Construction 101



Don't let the name "101" fool you! This course is intended for both new and experienced members of the construction industry. Participants will receive an introduction to the industry and learn about roles, responsibilities, construction documents, risk management, legal matters, project management, tendering, bidding and contracts.

Instructor: Debbie Hicks, DSH Consulting
 Dates: April 20-21, 2017 (VRCA Vancouver)
 July 5-6, 2017 (VRCA Vancouver)
 Time: 7:30am-4:00pm
 Price: VRCA Member - \$395 / Full - \$495

Construction Estimating



This course is designed for construction estimators and those with experience in construction who want to improve their knowledge of estimating or become estimators. Participants will acquire knowledge and learn skills to estimate construction projects and prepare a successful bid. Course topics will include project analysis, risk analysis, bid strategies and processes, Construction Division Codes, bonding and insurance.

Instructors: Mark Waters, BGC Partners Inc.
 Tim Williams, BGC Partners Inc.
 Dates: April 3-4, 2017 (VRCA Vancouver)
 August 14-15, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$595 / Full - \$675

*The KPMG office is located at 8506 - 200th Street, Langley BC

WE CAN DESIGN A TRAINING PROGRAM FOR YOU!

The VRCA can work with you to develop a training solution that fits with your work schedule and is tailored to the learning needs of your employees. Our training is cost effective and delivered by qualified instructors with industry experience.

For more information, email education@vrca.bc.ca or call **604-294-3766**.

NEED A ROOM?

Rent one of our two meeting rooms for your next meeting, training session or interview!

Available from 7:00am-8:00pm, 7 days a week, the room rental includes seating for up to 40 people, use of laptop, LCD projector and screen, conference phone, complimentary Wi-Fi access and free parking! You can also bring in your caterer of choice.

For more information, email administration@vrca.bc.ca or call **604-294-3766**.

VRCA members save up to 50% on rental rates!
 For more information and to become a member, email membership@vrca.bc.ca or call **604-294-3766**.

Construction Industry Ethics



The Gold Seal Certification program has introduced a requirement that effective January 1, 2017, all applicants will need to take the Construction Industry Ethics course (both online and classroom portions) to qualify for certification.

By maintaining high ethical standards and being consistent in our practices, we thrive both personally and professionally. This course will help you navigate the ethical grey areas you face every day.

Instructor: Tim Williams, BGC Partners Inc.
 Dates: March 1, 2017 (VRCA Vancouver)
 September 6, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$295 / Full - \$355

Note: Gold Seal participants are required to complete the Construction Industry Ethics online course (see page 10) prior to enrolling in the classroom course.

Business Development

Introduction to Construction Blueprint Reading



This course takes participants through the stages of blueprint reading, including dimensions, elevation, drawing, specifications and schedules. Using both residential and commercial samples of blueprints, participants will gain experience and practical knowledge for their day-to-day work in construction companies.

Instructor: Chad Brechin, Integrity Design Studios Inc.
 Dates: March 10, 2017 (KPMG Langley*)
 May 18, 2017 (VRCA Vancouver)
 July 10, 2017 (KPMG Langley*)
 September 13, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$295 / Full - \$355

Managing Financial Risk for Manufacturers and Suppliers

Designed specifically for manufacturers and suppliers in the construction industry, this course will teach you how to manage risks when dealing with developers, general contractors and sub-contractors. Participants will learn how to modify supplier contracts to reflect the ones used by their clients, when to utilize the Builders Liens Act to get security for outstanding debts, methods to collect debts without resorting to litigation, as well as insurance and bonding coverage on construction projects.

Instructor: Tim Williams, BGC Partners Inc.
 Dates: May 31, 2017 (VRCA Vancouver)
 September 20, 2017 (KPMG Langley*)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$295 / Full - \$355

Computer Skills

In From the Site: Office Computer Programs Simplified

This course will familiarize you with several of the most prominent Microsoft programs including Excel for calculations, Outlook for emails and Word for notes, files and letters. Participants will also be introduced to estimating software, PDF markup software, MS Project for project management and RiskMP for risk and change management.

Instructors: Anne Leroux, ESCTT Inc.
 Greg Leroux, ESCTT Inc.
 Dates: April 25-26, 2017 (VRCA Vancouver)
 September 26-27, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$595 / Full - \$675

Microsoft Excel for Construction - Novice



During this one day course, using Microsoft Excel tools, participants will learn how to better understand their business performance, examine profitability of various jobs and business areas, develop budgets, and examine business scenarios. This course will cover basic Microsoft Excel tools including simple spread sheets, presentations, reports, and formulae to help improve efficiency and analyze data.

Instructors: Anne Leroux, ESCTT Inc.
 Greg Leroux, ESCTT Inc.
 Dates: April 27, 2017 (VRCA Vancouver)
 September 28, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$299 / Full - \$379

Microsoft Excel for Construction - Advanced



This advanced level course will give you a better understanding of how to analyze data to create what-if scenarios. Learn the advanced features of Microsoft Excel to consolidate data in minutes, perform audits, present and share complex workgroup information, as well as analyze, share, and manage data. By using electronic forms, you can save hours of time, access consolidated data easily, and improve communications between departments.

Instructors: Anne Leroux, ESCTT Inc.
 Greg Leroux, ESCTT Inc.
 Dates: April 28, 2017 (VRCA Vancouver)
 September 29, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$299 / Full - \$379

CONSTRUCTION JOB CENTRE

In today's candidate short market, the VRCA's Construction Job Centre is the perfect way for employers to promote job opportunities to thousands of job seekers from entry level to experienced professionals.

We use an industry customized database to match the job seekers' interest and abilities with the needs of the employers' job requirements.

Start promoting your job postings today!

For more information, visit www.constructionjobcentre.ca or email jobcentre@vrca.bc.ca.

Leadership and Management

Construction Business Management



Learn how to improve the management and business systems in your construction company. This course will cover all areas of a construction business including strategic planning, business planning, marketing, operations, HR management, financial reporting, bonding and insurance and risk management.

Instructor: Tim Williams, BGC Partners Inc.
 Date: March 20-21, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$595 / Full - \$675

Project Management



Learn how to successfully manage a construction project! Participants will gain an understanding of the project processes and constraints encountered by project managers (using PMBoK 5th Edition approach). The course will cover project planning, contract process, risk management, estimating, cost control, scheduling, communications and post-mortem analysis.

Instructors: Mark Waters, BGC Partners Inc.
 Tim Williams, BGC Partners Inc.
 Dates: May 15-16, 2017 (KPMG Langley*)
 September 21-22, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$595 / Full - \$675

Supervisory and Management Skills



This course will enhance your ability to build a collaborative team culture, improve morale, and effectively communicate with people on their job sites. Participants will learn about leadership, motivational theory and application, improving group and individual performance, psychographic testing, time and stress management, staff training, substance abuse, appropriate discipline techniques, negotiating skills, conflict resolution and construction management systems.

Instructor: Mark Waters, BGC Partners Inc.
 Tim Williams, BGC Partners Inc.
 Dates: May 29-30, 2017 (VRCA Vancouver)
 August 24-25, 2017 (VRCA Vancouver)
 Time: 8:00am-4:00pm
 Price: VRCA Member - \$595 / Full - \$675

*The KPMG office is located at 8506 - 200th Street, Langley BC



2017 Construction

LEADERSHIP

Forum

Building Tomorrow's Leaders

The VRCA is thrilled to present the 2017 Construction Leadership Forum at the Fairmont Chateau Whistler on May 5-6, 2017.

Designed for middle managers, the conference will address current issues, trends, best practices and equip delegates with tools to become well-rounded industry leaders.

This year's program will include panel discussions on industry issues, engaging sessions on soft skill topics that include the importance of clear communication and positive reinforcement, and a variety of networking activities that will help delegates make valuable connections.



"No other event better facilitates such an opportunity to network, learn, and share, while simultaneously providing a vantage point to observe the current industry landscape of construction in BC." (Matthew Lindsay, Maple Reinders Inc., 2016 CLF Delegate)



Kicking off the conference will be Keynote Speaker John Furlong, CEO, Vancouver 2010 Olympic & Paralympic Winter Games.

Pricing

Early Bird: VRCA Member - \$499 / Full - \$699
 Early Bird 4-Pack: VRCA Member - \$1,796
 Regular: VRCA Member - \$699 / Full - \$899

Learn more and register now at

www.vrca.bc.ca/conference.

Sponsorship opportunities available! The Construction Leadership Forum is a great opportunity to promote your business, network with industry professionals, and position your company as a leader in the industry. For more information, email events@vrca.bc.ca.

Thank you to our Presenting Sponsor
 Canada Scaffold Supply Co. Ltd.



Legal Matters

Builders Lien Act



The Builders Lien Act is a useful tool if used properly, however, if misunderstood, it can lead to serious financial and legal consequences. This course will provide participants with the knowledge and background to understand the rights, remedies and processes created by the Builders Lien Act.

Instructors: Tyler Galbraith, Jenkins Marzban Logan LLP
David McKenzie, Jenkins Marzban Logan LLP
Dates: March 7, 2017 (VRCA Vancouver)
September 19, 2017 (VRCA Vancouver)
Time: 8:00am-11:00am
Price: VRCA Member - \$89 / Full - \$139

Change Order Management



Changes are an inevitable part of the construction process but if not managed well, change orders can cause unnecessary project disruptions and lead to cost increases and schedule delays. This course will provide participants with best practices for successfully navigating this complex project management challenge.

Instructors: Mark Waters, BGC Partners Inc.
Tim Williams, BGC Partners Inc.
Date: June 5, 2017 (VRCA Vancouver)
Time: 8:00am-4:00pm
Price: VRCA Member - \$295 / Full - \$355

Construction Law



In this course, participants will develop an understanding of contract law as it relates to construction and the various CCDC/CCA and other contracts used within the industry. Participants will also learn how the Builders Lien Act works and the other legal means to resolve construction disputes and avoid litigation.

Instructors: David Letkemann, Linley Welwood LLP
Mark Waters, BGC Partners Inc.
Tim Williams, BGC Partners Inc.
Dates: May 11-12, 2017 (VRCA Vancouver)
September 14-15, 2017 (KPMG Langley*)
Time: 8:00am-4:00pm
Price: VRCA Member - \$595 / Full - \$675

*The KPMG office is located at 8506 - 200th Street, Langley BC

Tender, Contract and Builders Lien Law



The legal rights and obligations of those involved in a construction project crystallize in the tendering phase and end well after the project is completed. During the construction process, those legal rights and obligations change and expand based on, for example, the contracts in place, the Builders Lien Act and the bonds that have been issued. In order to ensure that the project is built properly, on time and on budget, it is important that all involved know and understand their legal rights and obligations. This course is designed to provide those involved in the construction industry with the legal foundation to navigate through the tender and construction phases of a project.

Instructors: Tyler Galbraith, Jenkins Marzban Logan LLP
David McKenzie, Jenkins Marzban Logan LLP
Date: May 10, 2017 (VRCA Vancouver)
Time: 8:00am-11:00am
Price: VRCA Member - \$89 / Full - \$139

Safety

Fall Protection Comprehensive



In this course, participants will acquire a general understanding of fall protection systems. While various fall protection options exist, this course will identify which options best meet your business' needs, and provide tools and knowledge to work at height safely.

This program is certified by the Fall Protection Group and participants who complete the comprehensive training will receive certification that is valid for 3 years.

Instructor: Jamie Packer, August Safety Training Inc.
Dates: March 3, 2017 (VRCA Vancouver)
June 12, 2017 (VRCA Vancouver)
Time: 8:00am-4:30pm
Price: VRCA Member - \$199 / Full - \$229

Supervising the Drug Safe Workplace



Substance misuse in the workplace creates many negative consequences, including the health, safety and performance of a team. In an industry where many positions are safety sensitive or critical these consequences can have serious implications on a work site. This session will help participants identify and discuss related performance problems with employees and, most important, show how to gain an employee's commitment to correct the problem.

Instructor: Judi Huta, WCG International Inc.
Date: June 16, 2017 (VRCA Vancouver)
Time: 8:00am-4:30pm
Price: VRCA Member - \$295 / Full - \$355

Management Training Seminars

Inspiring people to build great companies

The VRCA has partnered with the Electrical Contractors Association of BC (ECABC) to offer the following Results Canada Inc. seminars developed around leadership and talent management.

Results Canada Inc. is a business consulting firm that offers a unique focus on helping companies ensure great execution.

Building a Winning Team

"Organizational health will one day surpass all other disciplines in business as the greatest opportunity for improvement and competitive advantage." This is the promise of The Advantage, Patrick Lencioni's bold manifesto about the most unexploited opportunity in modern business.

This seminar will provide insight, tips and process for ensuring you have the leadership team you need in order to build a healthy organization that can execute and achieve your vision.

Instructor: John Leduc, Results Canada Inc.
Tim O'Connor, Results Canada Inc.
Jeff Tetz, Results Canada Inc.
Dates: March 16, 2017 (VRCA Vancouver)
Time: 7:30am-9:00am
Price: VRCA Member - \$79 / Full - \$129

Strategic Thinking: Achieve Extraordinary Results

The topic of strategy, and even the word itself, is often surrounded by misconceptions and misunderstanding. Not surprisingly, this confusion leads to uninspired strategic thinking, poor planning and ultimately below average business results.

This seminar will focus on the fundamentals of strategic thinking and why it is important for your business. Participants will also learn the leadership disciplines your team must master in order to drive extraordinary business results.

Instructor: John Leduc, Results Canada Inc.
Tim O'Connor, Results Canada Inc.
Jeff Tetz, Results Canada Inc.
Dates: May 17, 2017 (VRCA Vancouver)
Time: 7:30am-9:00am
Price: VRCA Member - \$79 / Full - \$129

VRCA EVENT CALENDAR

The VRCA hosts 20+ events throughout the year that provide members with the opportunity to network with industry professionals, develop relationships, stay up-to-date with trends and best practices and celebrate achievements.

Mark your calendar!

March 14, 2017	President's Club Dinner
March 24, 2017	U40 Hockey Tournament
April 6, 2017	U40 Mentoring Breakfast
May 5-6, 2017	Construction Leadership Forum
June 2, 2017	VRCA Golf Tournament
June 21, 2017	U40 Baseball at the Nat
June 27, 2017	President's Club Dinner
July 20, 2017	U40 Dinner Boat Cruise
September 7, 2017	U40 Golf Tournament
October 25, 2017	VRCA Awards of Excellence

Stay tuned! More details about these and other VRCA events will be provided throughout the year.

U40 NETWORK

The U40 Network hosts monthly networking events to provide both young professionals and their more seasoned industry counterparts with the opportunity to make new contacts, build relationships, develop business opportunities and learn from each other, in a social and fun environment.

Learn more and register at www.vrca.bc.ca/u40network.

SPONSORSHIP OPPORTUNITIES

Promote your business, network with industry professionals and position your company as a leader in the industry by sponsoring VRCA and U40 events.

For more information, email events@vrca.bc.ca.



Enjoy the Flexibility of Learning Online!

The VRCA is excited to partner with the Construction Sector Council, Danatec, e-Learning, BIS Training Solutions, and Education To Go, to offer hundreds of online courses, a sample of which is outlined below. Designed to enhance business development, leadership and management, productivity, computer and safety skills, our online courses can be taken anywhere you have access to the internet.

Business Development

Communication, Negotiation, and Conflict Resolution

This course will help you improve your written and verbal negotiating skills within the construction industry. Participants will learn how to identify the stages of conflict, use assertiveness techniques to get a point across, deal with difficult people more effectively, and close negotiations amicably.



Construction Law

This course is designed to teach and familiarize owners, managers, supervisors, and project managers with construction contracts and contract law, liabilities and responsibilities of all parties to a contract, how to compile and submit proper extras and claims, and ways and means for leaders to avoid conflict with contracts, owners, trades and labour.



Exceptional Customer Service

This course will help you develop the necessary skills and attitude to deliver exceptional customer service and translate them into action on a daily basis. Participants will learn how to deal with upset customers and challenging situations, build a high performing team to deliver exceptional service and understand the steps required to build a customer focused culture.

COMPLETE COURSE LIST

For more information and a complete list of online courses offered by the VRCA visit www.vrca.bc.ca/onlinecourses.

Construction Industry Ethics

Ethical behaviour is paramount in the construction industry. By maintaining high ethical standards, and being consistent in our practices, we thrive both personally and professionally. The Construction Industry Ethics course will help your employees navigate the ethical grey areas they face every day.



Cyber Security Awareness

An organization's people, information, operations and systems are critical assets. Protecting the safety, confidentiality, integrity and availability of these assets is essential to maintaining profitability, compliance, public image and a competitive edge. This course will explain what the dangers are and what you can do to help.

Introduction to Building Information Modeling (BIM)

As Building Information Modeling (BIM) is adopted by more and more companies in the construction industry, its usefulness has expanded beyond the original design phase activities. This course will introduce participants to the BIM philosophy in design, bidding, construction, commissioning, delivery and as-built stages of construction.



Introduction to Construction Estimating

To ensure project success, contractors must be able to provide accurate and professional estimates of costs and materials. This course will provide participants with skills and knowledge to visualize the scope and magnitude of a construction project and produce reliable estimates.



Leadership and Management

Coaching - Giving & Receiving Feedback

No one likes to be told they are doing something the wrong way, but there are ways you can both give and receive feedback that will make such conversations productive instead of emotional. During this course, participants will learn best practices for giving and receiving feedback effectively.

Environmental Management

Hazardous waste takes many physical forms; it may be solid, semi-solid, liquid, or gaseous. It can include spent solvents as well as pesticides and excess, discarded, or spilled chemicals. In this course, participants will learn how to identify different types of harmful waste and create strategies to reduce their impact on the environment.

Leadership Fundamentals

In this course, participants will learn how to identify key characteristics of successful leaders, build trust and confidence with employees, and avoid behaviours that undermine leadership. After completing this course, you will be able to promote teamwork, demonstrate leadership in a crisis, act decisively and communicate effectively.

Leading Through Change

Why is knowing how to lead others through change so important? When organizations attempt to change, they often fail to live up to their potential for many reasons. This course will show you how to avoid those mistakes and implement change positively and successfully.

Construction Project Management

This course covers business case development, procurement, contracting, risk management and project close-out. It will provide participants with the tools to develop business cases and scope of projects, manage project procurement, project risk and the change process.



First Level Supervisor Training Program

This comprehensive online training program offers the critical basic skills and concepts needed to supervise a crew in the residential, industrial, commercial, institutional and civil construction sectors. Participants will be introduced to all aspects of supervision including leadership vs. management, due diligence, communication skills, meetings and handling disagreements and problems.



Leadership in Safety

This online course is designed to help supervisors understand their role in supporting their health and safety management system. Topics include hazard identification, assessment, and control, formal workplace inspections, and accident/incident investigation.

Time Management

This course will show you valuable strategies you can implement to improve your ability to manage time and identify and focus on activities that will provide you with a better return on your time invested. You will also learn how to solve problems and resolve conflicts so you can accomplish your job more effectively.

KINETIC
CONSTRUCTION LTD.

Together Building Better is the Kinetic way.
Join our team and fuel your passion.

Get the experience you want and be challenged everyday!
We're always looking for great talent to join our team.

As a General Contractor and Construction Management company, we work on a wide variety of projects.



Learn more and apply online at kineticconstruction.com

Safety

Aerial and Scissor Lifts

Aerial lift platforms are great tools to conduct work at heights and increase production efficiency. These machines lift personnel, tools and materials, from 10-12 feet in the air to as high as 100 feet. In this course, participants will learn the various types of aerial lifts, how to set up and safely operate them, recognize and avoid the most common hazards associated with their use.

Basic Rigging

This online course provides a quintessential introduction to rigging activities, including discussion, selection, and proper inspection of rigging equipment. It is made up of seven modules and includes interactive video of hands-on instruction and lifting activities.

Construction Safety Training System (CSTS-09)

Are your employees safe? To reduce the number of accidents and injuries, employers must ensure that all workers are trained in basic workplace safety. CSTS-09 is the only worker specific safety program of its kind in BC and is acknowledged industry-wide as an excellent learning tool for individuals who are either new to the industry or have not had formal safety training. Certification is valid across Canada and does not expire.

Fall Protection

This comprehensive online Fall Protection course is designed for individuals who plan, supervise or perform work at heights. This course covers many aspects of fall protection including fall protection planning, equipment, safety measures and administrative and engineering controls.

Gas Detection

This online course provides information about how to detect and control flammable and toxic atmospheres while working around potentially dangerous gases. Participants will learn about the features and operation of the most common detector tube devices (bellows and piston) and gas monitors (personal, portable, and fixed). In addition, this course covers explosive ranges, toxic atmospheres, oxygen levels, flammable substances, flammable gas principles, and vapour detection.

Arc Flash Awareness

This online Arc Flash Awareness course offers a well-rounded approach to the basics of electrical safety and helps increase understanding of the dangers of electricity from both a shock protection and an arc flash point of view.

Confined Spaces Safety Awareness

Confined spaces can be hazardous if not approached with an understanding of how to prepare for entry, how to work safely, and what to do if an incident occurs. This course will introduce you to the types of confined space, associated hazards, activities within a confined space and codes of practice.



Eye Safety

Our eyes are very fragile, and statistics show that eye injuries occur frequently in the workplace. Many eye injuries are caused by not paying full attention while working or not wearing the appropriate protective equipment. This online course uses a powerful combination of audio, full-motion video, text, and colourful graphics to explain how to prevent eye injuries.

Fire Extinguisher Use

Every year fires cause hundreds of millions of dollars in damage and result in thousands of employee injuries, a number of which are fatal. In this course, participants will learn why things burn, types of fire extinguishers and how to use them to fight small fires.

Ground Disturbance for Supervisors

Upon successful completion of this course you will be able to identify and define ground disturbance, describe the hazards, decide what permits and agreements will be required, describe how to locate and identify underground facilities, regulations associated with ground disturbance, responsibilities for owners and ground disturbers and safety requirements.

Hydrogen Sulphide (H2S)

This online training program covers the basics of H2S hazard assessment, equipment, pre-job planning, safety procedures, and emergency response plans. The course also includes an introduction to the hazard control hierarchy, a system designed to first eliminate H2S before implementing a series of engineering and administrative controls to reduce workplace danger.

Pipeline Construction Safety Training (PCST)

This course has been designed and developed by the construction industry to address health and safety issues specific to pipeline construction in the oil and gas industry. It is intended to familiarize participants with how to recognize, assess and control hazards on the work site as well as operate equipment safely and respond to emergencies.

Scaffolds for Construction

Working on a construction site requires workers to handle, move, use, and dispose of the building materials utilized. Improper, inadequate, or unsafe handling of materials causes injuries and even death. In this course, participants will learn how to differentiate between various types of scaffolds, the procedures and practices associated with scaffold assembly and disassembly, and how to identify safe and unsafe scaffold use.

Transportation of Dangerous Goods (TDG)

This online course covers crucial information pertaining to the legal transportation of dangerous goods on Canadian roads. After completing this course, participants will know the regulations governing the transportation of dangerous goods in Canada, the 9 classifications of dangerous goods, the placards, labels, and accompanying TDG symbols required on vehicles and containers, documentation requirements when transporting dangerous goods and requirements surrounding appropriate emergency response in the event of an accidental product release or spill.

Workplace Hazardous Materials Information System (WHMIS)

WHMIS 2015 is a Canada-wide system that provides employers and workers with information on the hazardous products that are stored and used on work sites. This online WHMIS course covers the key elements of WHMIS, including symbols and labels, material safety data sheets and worker training.

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For more information, visit www.vrca.bc.ca or email education@vrca.bc.ca.

CHAD BRECHIN, Integrity Design Studios Inc.



Chad Brechin, ASCT, is the President of Integrity Design Studios Inc. He is a “Georgie” award winning designer and has been designing commercial, industrial and high end residential construction projects for over twenty years. He received his ASCT in Building Science at BCIT and graduated with honours and an award resulting from a design competition. Chad joined the Applied Science Technologists and Technicians Association of BC in January of 1995. He is an experienced trainer who has taught technical drafting and AutoCAD 3D (BIM) at a university level.

DEBBIE HICKS, DSH Consulting



With a comprehensive education background, including a Diploma in Business Administration, Bachelor of Science, teaching credential, and an in-progress MBA, learning has been at the core of Debbie’s career. As former President of the Southern Interior Construction Association in BC for 22 years, liaising with the buyers of construction services, architects, engineers and contractors in advocacy and education provides a solid base to her expertise. Through her experiences and teaching techniques, Debbie is able to bring both knowledge and interaction to the classroom.

JOHN LEDUC, Results Canada Inc.



John Leduc is a veteran entrepreneur, leading business advisor, and a founding partner of Results Canada Inc. He has applied his leadership and business skills to achieve extraordinary results in both entrepreneurial and corporate environments. Today John and the Results Canada team work with growth-oriented clients, both large and small, transforming their businesses to achieve extraordinary results. He engages leadership teams in the creation of their Vision and Strategy, and then acts as their trusted advisor in the execution of their strategy.

GREG LEROUX, ES Computer Training and Technologies Inc.



Greg Leroux has been a leading financial strategist, consultant and instructor since 2008. Greg has not only developed software that’s currently becoming widely used in the financial industry, he’s also been instrumental in implementing financial and data organization strategies for companies in various industry verticals across Ontario. Greg has worked closely with construction companies throughout Canada, lending his practical, results-driven approach to ensure success.

TYLER GALBRAITH, Jenkins Marzban Logan LLP



Tyler Galbraith practices in the areas of construction and commercial litigation. Tyler has appeared before all levels of court in British Columbia and has been involved in several appeals, trials, arbitrations and mediations. He has acted in numerous builders lien and tender cases, disputes arising from delays, defective work, contract termination, bond claims and insurance coverage. He is the author of numerous construction law articles and other publications, with a focus on tender and builders lien issues.

JUDI HUTA, WCG International Inc.



Judi, a Certified Career Development Practitioner working with WCG – Where Careers Grow, has over 20 years experience in both the private and public sectors. As one of WCG’s Community and Employer Services Co-ordinators, she engages with the business community to identify workforce challenges and solutions. She completed Substance Abuse Training from the BC Council on Substance Abuse and is an instructor at Douglas College in the Career Development Practitioner Program.

ANNE LEROUX, ES Computer Training and Technologies Inc.



Anne is a founding partner of ES Computer Training and Technologies, ESCTT Inc. A graduate of the University of Waterloo, Anne has worked for large corporations and small ventures. Established in 1992, ESCTT provides computer infrastructure services to businesses in various industry verticals. Products/ventures have included risk management software for construction, business intelligence software, thin client data systems, distributed workforce software as well as establishing ESCTT Inc.

DAVID LETKEMANN, Linley Welwood LLP



David Letkemann, BBA, LLB, is a partner at Linley Welwood LLP, a law firm that focuses its practice on business law and litigation. David practices in the field of civil litigation, including personal injury, commercial, estate and construction law. He has participated in numerous trials in the BC Supreme Court and has also appeared before the Court of Appeal on several occasions.

DAVID MCKENZIE, Jenkins Marzban Logan LLP



David McKenzie practices primarily in the areas of construction law and commercial litigation. David has appeared before all levels of court in British Columbia and has been involved in several appeals, trials, regulatory hearings and arbitrations. David is a frequent lecturer for VRCA, VICA, SICA, and AIBCon construction related matters and is the author of construction related articles focusing on builders liens and contracts.

TIM O'CONNOR, Results Canada Inc.



Tim O'Connor is a leading business consultant, speaker, veteran entrepreneur, and CEO of Results Canada Inc. He has applied his leadership and business skills to drive significant results in both entrepreneurial and corporate environments. Today Tim and the Results Canada team work with growth-oriented clients, both large and small, helping them to deliver extraordinary results. He engages leadership teams in the creation of their strategic plans and coaches them through successful execution.

JAMIE PACKER, August Safety Training Inc.



Jamie is a National Construction Safety Officer, and a member in good standing with the Alberta College of Paramedics. He has been working exclusively as a safety trainer for the past two years. Jamie first gained experience working as a Field Medic, High Angle Rescue Technician and EMR (Emergency Medical Responder) in the Alberta oil and gas sector as he continued to obtain his NCSO designation.

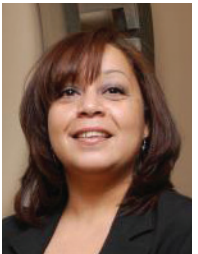
From there, he became an instructor and enjoys teaching and working with people so they can further their own skill set and gain success in their own field of work.

JEFF TETZ, Results Canada Inc.



Jeff, Practice Director for Results Canada Inc., is passionate about inspiring people to build great companies. He joined Results Canada in 2011 to lead the Edmonton expansion and has since seen the Practice grow into a thriving consulting firm. Today, as part of the ownership group, he helps oversee a team of consultants who help mid-sized companies transform from good to great. Jeff has almost 20 years of experience in business development including roles with the Edmonton Oilers and Eskimos.

STEPHANIE WALLACE, Canadian Construction Association



Stephanie Wallace has been with the Canadian Construction Association's Gold Seal Certification Program since 1998. She began as the assistant to the Director of Administration and has risen to the post of Program Manager. Stephanie's expertise lies in program development, guideline review and customer service.

MARK WATERS, BGC Partners Inc.



Mark Waters CTEch., GSC, is the Director of Training for BGC Partners Inc. His career in the construction industry spans the past thirty years with experience and a unique perspective from both the general contracting and consulting engineering sides of the business. Mark is a Gold Seal Certified project manager and served many years in the industry as a senior project manager and estimator. His earlier career was field based, providing years of valuable experience as a project superintendent, general superintendent of field operations and surveying. Graduating with honours from the BCIT Geomatics Technicians program, Mark joined the Applied Science Technologists and Technicians Association of BC in 1997.

TIM WILLIAMS, BGC Partners Inc.



Tim Williams, MBA, B.Econ., CPA, GSC, is the President of BGC Partners Inc. BGC Partners provides training services tailor made for the construction industry. Tim has worked with numerous construction companies for over twenty years. He is a Gold Seal Certified project manager. He is an experienced and sought after trainer who has trained construction owners and managers on behalf of construction industry associations across Western Canada.

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